

thePost

Vol. 81, No. 50 December 15, 2006



David F. Moore

GEARING UP -- While the nation gears up for the holidays, Soldiers mobilizing at Fort Dix continue to train for war. At the mock Iraqi village dubbed Balad, Staff Sgt. Becky Henslee, of the 377th Military Intelligence Battalion, leads the way with Sgt. Kenny Ng, during urban training.

Holiday Hours

CHAPEL
562-2020

Dec. 16
6:30 p.m. -- A Christmas pageant, "A Brand New Star," will be presented at the Main Chapel.

Dec. 24
9 a.m. -- Protestant Service
10:15 a.m. -- Catholic Mass
11:30 a.m. -- Gospel Service
5:00 p.m. -- Family Catholic Mass
7:00 p.m. -- Candlelight Vigil
Dec. 25
10:15 a.m. -- Catholic Mass

PX/BX
723-6100

Dec. 16
Shop 'til You Drop
12:01 a.m. to 10 p.m.
Dec. 11-23
8 a.m. to 10 p.m.
Dec. 24
8 a.m. to 6 p.m.
Dec. 25
Closed
Dec. 26-30
10 a.m. to 8 p.m.
Dec. 31
10 a.m. to 6 p.m.

COMMISSARY
723-4154

Dec. 15-23
9 a.m. to 9 p.m.
Dec. 24
9 a.m. to 4 p.m.
Dec. 25
Closed

SHOPPETTE

Dec. 24
7 a.m. to 7 p.m.
Dec. 25
Closed
Dec. 31
7 a.m. to 8 p.m.
Jan. 1
10 a.m. to 7 p.m.

GRIFFITH FIELD HOUSE
562-4888

Dec. 24
9 a.m. to 4 p.m.
Dec. 25
Closed
Dec. 26-30
9 a.m. to 4 p.m.
Dec. 31
9 a.m. to 4 p.m.
Jan. 1
9 a.m. to 5 p.m.

BOWLING CENTER
562-6895

Dec. 23
noon to 9 p.m.
Dec. 24-25
Closed
Dec. 26-29
5 p.m. to 10 p.m.
Dec. 30
noon to 9 p.m.
Dec. 31
New Eve's Party (guests must have tickets in advance)

RECREATION CENTER
562-4895

Open Daily
1 p.m. to 10 p.m.
Dec. 25
5 p.m. to 10 p.m.
Dec. 31 & Jan. 1
1 p.m. to 10 p.m.

Fort Dix hosts NPR live

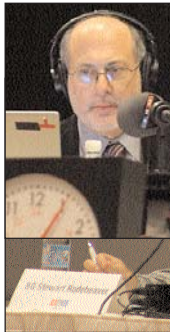
Lt. Antonia T. Greene
PAO, 729 FA BOE (TS)

National Public Radio went on the air live from Fort Dix Dec. 12 with "Talk of the Nation," an interactive news program that focused on mobilization and readiness of National Guard and Army Reserve Soldiers headed to war.

Col. Douglas Dinon, deputy Fort Dix commander for mobilization, joined host Robert Siegel and Maj. Gen. (ret) Michael Davidson in Timmermann Center during the first hour of the program, discussing readiness, training and how the Army has changed.

Siegel and Davidson were then joined by Brig. Gen. Stewart Rodeheaver, deputy commander, First Army, for the second hour of the show. Main topic of the session was "The Citizen Soldier: Future of the National Guard and Reserves," and panel participants and callers raised critical questions about the structure and design of the Armed Forces and in particular the lives of the men and women involved.

Producers of the show sought to broadcast from Fort Dix because of its role in mobilization and deployment. More than 90,000 Soldiers have mobi-



'Talk Of The Nation' live broadcast reaches million



Ed Mingin

LIVE FROM FORT DIX -- National Public Radio host Robert Siegel moderates a discussion on the future of the Guard and Reserve with Brig. Gen. Stewart Rodeheaver, deputy First Army commander, and Maj. Gen. (ret) Michael Davidson during a live broadcast Dec. 12.

lized and demobilized on post since 9/11, more than at any other Army site.

Dinon and Davidson discussed Theater Immersion Training - placing mobilized Soldiers in field conditions

as close as possible to those they will face in Iraq -- and the "Train As You Fight" policy now in place.

Dinon told host Robert Siegel how troops are trained at Forward Operating

Base Tiger and Balad, a mock Iraqi village built on the ranges to increase the reality of skill training. More than 450 Army trainers and a cast of civilians - (continued on page 14)

US boosts role of Military Transition Teams

Sgt. Sara Wood, USA
American Forces Press Service

WASHINGTON, Dec. 13, 2006 -- To speed the development of Iraqi security forces, the United States is accelerating its use of military, police and border transition teams, a coalition spokesman in Baghdad said today.

"Iraqis need capable and honest security forces that are loyal to all of their people," Army Maj. Gen. William Caldwell, Multinational Force Iraq spokesman, said in a news conference with U.S. and Iraqi media. "They need forces that can run complex operations against terrorists and criminal elements. And the best way for Iraqi security forces to enhance these capabilities is through the mentorship and partnership of our coalition transition teams."

The coalition has done a great job in training and equipping a large number

of Iraqi forces in a relatively short time, Caldwell said, and now the emphasis needs to be on developing those forces further. The military transition teams already are making the Iraqi forces more capable and competent, Caldwell said. The coalition influence has decreased the amount of absences in

The Iraqis want to take over greater control of their overall security. Our mission is to figure out how we can best help them achieve that goal as rapidly as we can.

the Iraqi force and has increased the attention to detail.

"The (military transition teams) provide on-the-job training out there, where they continue to work improving the professionalism and leadership," Caldwell said. "That's why it's so important to have more of them out there than we do today, because we're seeing the benefit from that."

While there isn't a lot of quantifiable

data showing the effectiveness of the military transition teams, reports from commanders on the ground are consistently positive, Caldwell said.

"When you have commanders on the ground at the lowest level -- company commanders, young captains, young sergeants -- that are telling you that

they see an improvement, that's probably one of the best measures you can possibly use," he said.

The Iraqi security forces, though still not at the level of being able to conduct independent operations, are making progress and becoming more competent, Caldwell said.

The Iraqis want to assume greater control over their security, Caldwell said, and the Iraqi government is work-

ing on plans to transition responsibility away from coalition forces. Army Gen. George W. Casey Jr., commander of Multinational Force Iraq, and Zalmay Khalilzad, the U.S. ambassador to Iraq, are working closely with the Iraqi government on these plans, he said.

"The challenge we have is they want to take greater control of their security," Caldwell said. "If that's a problem, it's a great problem to have on our hands -- that they want to assume greater control and be more responsible for their overall security. Our mission is to figure out how we can best help them achieve that as rapidly as we can."

As the transition to Iraqi security forces begins, the level of violence is rising in Iraq, as coalition leaders expected it to, Caldwell said. He acknowledged that the level of violence in Baghdad is unacceptable, but emphasized that the solution cannot be only military.

Cole, Rhodes honored as Civilians of Year for '06

Fort Dix routinely earns accolades for its skill and innovation in meeting every facet of its missions -- and the post honored two civilians Dec. 8 who are fundamental in that success.

Joan Cole, who serves as chief of Army Community Service, was recognized as Civilian Supervisor of the Year for 2006, and Don Rhodes, Directorate of Information Management, was selected as Civilian Employee of the Year.

Both received certificates and cash awards from Col. Dave McNeil, installation commander, in addition to the applause of the crowd at Griffith Field House. The award ceremony was held during the Fort Dix Holiday Party.

Cole came to Army Community Service from the Family Child Care Program in 1990, and has seen both the people and the scope of the service evolve steadily in the years since her arrival.

"We run all types of programs now that didn't exist even ten years ago, such as Army Family Action Plan, Family Team Building, the Volunteer Corps, Soldier and Family Life Consultants and Family Readiness Groups," she said. "It's much more detailed now, and standards and common levels of support have made a big difference in how we do business."

Cole's background includes time as a special education teacher, a parent educator, spouse, mother and now grandmother of five. She is a native of New Jersey.

"Joan manages the ACS center with a focus on providing top customer (continued on page 14)



Ed Mingin

A pirate's life for me

Even pirates take out some time to kick up their heels for the holidays. Ernie Yeager, Outdoor Recreation, Lt. Col. Charles Smith, special planning officer for transition, and Dave Peckham, director of Public Works, lived things up during the best costume competition at the Holiday Party. See more festive pirates on page 13.

Looking back on 2006 & some American success stories

Steve Snyder
Public Affairs Staff

Whenever they hear the word "progress," prudent Iraqis reach for their weapons. Americans go to the polls.

United States involvement in Iraq has now eclipsed the time the nation spent winning World War II and happy talk about "progress" could not diminish a rising tide of American anger. Voters in last November's Congressional elections lost patience and, in conformity to a time-honored American tradition, threw the bums out. Democrats gained power in both the House and Senate. The political coup de foudre ("thunder-stroke") bodied ill for the status quo.

Both political parties promised to re-think strategies for waging the war. Democrats also promised what amounts to a kinder, gentler and perhaps even more ethical House of Representatives. There was urgent talk of raising the minimum wage, too.

Barack Obama, with only two years experience in national government in the U.S. Senate, wowed many Democrats, inspiring some to suggest he run for president. But New York's junior senator kept mum.

Domestically, major disasters bypassed the U.S. in 2006. To almost no one's surprise, soaring gasoline prices abated before the November elections and the Atlantic hurricane season proved to be a dud.

On the intellectual front, rowdies at Columbia University seemed determined to abolish the First Amendment when they physically attacked a member of the "Minute Men," their guest speaker for the night. Minute Men are right wingers voluntarily patrolling the country's southwestern borders to ward off illegal immigrants. One supposes that a segment of Columbia students is patrolling their campus to prevent the infusion of alien ideas from infecting previously inactive cerebriums on campus.

Celebrities malfunctioned in 2006, too.

Mel Gibson reportedly assaulted a police officer with anti-Semitic remarks after being apprehended for drunk driving and former *Seinfeld* star Michael Richards verbally tore into African-Americans in the LA nightclub where he was working, using racial slurs against hecklers in his audience. One wonders how tough life can be for Gibson and Richards in their plush domains in Lotus Land? What are their problems? Is nastiness a congenital disease among privileged celebrities or just something it's fun to work at?

Speaking of Gibson, his latest film, *Apocalypto*, is apparently an interesting take on the collapse of Mayan civilization in Central America cons ago. Another refreshing silver screen release is *Casino Royale*, which has a leaner and meaner James Bond zapping terrorists right and left, some of whom might even come from the Middle East.

Speaking of which, a Christian archaeology expedition has discovered a rock formation that its members say resembles Noah's Ark high in the mountains of northwestern Iran.

In other news of religious significance, Coptic or Egyptian Christian manuscripts purporting to be the Gospel of Judas were unveiled at National Geographic Headquarters in Washington, D.C. The find supposedly reveals that Judas was only obeying orders when he betrayed Christ for the infamous 30 pieces of silver. Scholarly debates should be hot and heavy - and lengthy - on this one.

"Crocodile Hunter" Steve Irwin died from the venom of a stingray, shocking fans who thrilled to his breathtaking bravado in the wild world via television.

And astronomers have ruled that Pluto is not a planet but a "dwarf planet" because it does not dominate its neighborhood and has an irregular orbit.

Alas, poor Plutcher Dis Chandler's leadership propelled the Los Angeles Times from mediocrity to excellence among the nation's newspapers. Chandler, 78, died at his home in Ojai near LA on Feb. 27 from a degenerate brain disease.

Good advice for 2007?



www.juneallyson.com

VARSITY DRAG -- June Allyson gets down with Peter Lawford doing the "Varsity Drag" in 1947's film "Good News" chronicling campus hijinks in the 1920s. Allyson was a very popular motion picture star in the 1940s and 50s, personifying the girl next door; sweet, innocent and All-American. High points in her career came with "Good News" and playing opposite Gene Kelly in an opulent version of "The Three Musketeers" in 1948. Film buffs will never forget her portrayal of the campus ingenue in "Good News," a musical that portrayed college students as they were meant to be - frivolous, friendly and fun-loving (in their free time, at least). Allyson had been in failing health since undergoing hip-replacement surgery. She died of pulmonary respiratory failure and acute bronchitis at her home in Ojai, Calif. on July 8. Definitely not good news. She was 88.



www.photos.net/equipment/leica/m6

YELLOW ROSE OF TEXAS -- Ann Richards, campaigning above, became the 45th Governor of Texas in 1991, serving four years until unseated by George W. Bush. In the state house, Richards pushed through a program of economic revitalization that jump-started the economy, streamlined Texas' government and regulatory institutions, revitalizing the state's corporate infrastructure for future growth. She also instituted prison reform, establishing a substance abuse program for inmates while reducing the number of violent offenders released. The governor who was known - and loved - for her caustic wit, died on Sept. 13 from esophageal cancer at her Austin home. She was 73. Many Texans left yellow roses at the Capitol Rotunda to honor memories of her.



www.hoopall.com

CELTIC CHAMPION -- Referee-baiting Red Auerback coached the Boston Celtics to nine NBA titles from 1950 to 1966 including eight straight titles from 1959-1966. He was named the greatest coach in NBA history by prominent basketball writers in 1980, and nurtured 11 Hall of Famers on his teams over the years. Red died of a heart attack on Oct. 28 in front of his home in D.C. He was 89 and a legend.



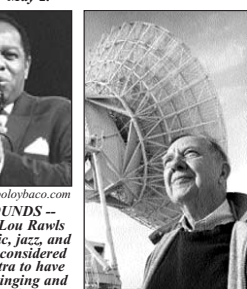
www.latimes.com

PREPPIE PUBLISHER -- From 1960 to 1980 Publisher Dis Chandler's leadership propelled the Los Angeles Times from mediocrity to excellence among the nation's newspapers. Chandler, 78, died at his home in Ojai near LA on Feb. 27 from a degenerate brain disease.



serenadinggreen.blogspot.com

FUNNY WITH MONEY -- Louis Rukeyser was a business columnist and economic commentator who made the dismal science seem sexy on television. Rukeyser's deadpan wit made the "Wall Street Week" a hit on the small screens for 32 years, an unheard-of run for one analyzing the arcane intricacies of the stock market. Answering a letter on investing in a hairpiece manufacturer, the Wall Street wit quipped that "if your money seems to be hair today and gone tomorrow, we'll try to make it grow back by giving the bald facts on how to get your investments toupee." The 73-year-old Rukeyser died of multiple myeloma in his Connecticut home on May 2.



www.radiowa.com

SPACEY SCIENTIST - James Van Allen was an American space scientist at the University of Iowa who discovered the radiation belts encircling the earth which are now named for him. The space pioneer's discovery revolutionized scientific understanding of the solar system. Allen, 91, died on August 9.



cgi.ebay.com

COAL MINER'S SON -- Jack Palance prepares to slug it out with George C. Scott, left, in 1960's "Hombre," which featured still another tough guy role for the man from northeast Pennsylvania's coal mines who took to boxing and then to acting to get above ground. Fans, though, will follow his villainy on VCRs till they die, glorying in everything from "Combar" to "Cly Slickers." Palance, 87, died Nov. 10 at Montecito, Calif.



Ronald Reagan Presidential Library

COLDEST WARRIOR -- Secretary of Defense Caspar Weinberger presents some light reading (on Soviet Military Power) to President Ronald Reagan in a meeting in the Oval Office on March 8, 1983. The 88-year-old Weinberger died of pneumonia at a medical center in Bangor, Maine, on March 28. A U.S. Army private in 1941, Cap moved up to captain by the end of World War II, serving on Gen. Douglas MacArthur's intelligence staff. As Secretary of Defense under President Reagan from 1981-87, Weinberger oversaw a massive rebuilding of U.S. military might including building the B-1B bomber and the "600-ship Navy." His efforts are credited with both the ending of the Cold War and demise of the Soviet Union. In 1990 he wrote "Fighting for Peace," an account of his Pentagon years. Weinberger was awarded the Presidential Medal of Freedom in 1987, a well-deserved tribute to a hard-core patriot.



Joel Landau, AP

SPEAKING UP FOR AMERICA -- Jeanne J. Kirkpatrick, the Reagan administration's first United Nations ambassador (1981-85) and the first woman to hold that post, defends her country's policy positions at a meeting of the UN Security Council in 1984. During her UN tenure, the spunky former political science professor defended Israel's invasion of Lebanon in 1982 and the American invasion of Grenada in 1983 along with supporting El Salvador's right-wing junta and excoriating Nicaragua's left-wing rulers, the Sandinistas. She also urged a congressional declaration of war against the "entire Islamic terrorist network" the day after 9/11. The author of 14 books died Dec. 7 of heart failure at her home in Bethesda, Md. She was 80 years old.

Season's greetings from Fort Dix's Commander

During this cheerful and festive holiday season I would like to take a moment to express my appreciation for all the hard work and sacrifices that each member of Team Dix has contributed to the outstanding success of our mission.

Each Soldier, civilian and contractor has aided immensely to the successful mission here at Fort Dix and you should be proud of all of your accomplishments. I hope that you will take the opportunity to spend time with your friends and families to reflect on what is most important to you this season.

Please remember all of our comrades-in-arms serving overseas away from their families during this season and keep them in your thoughts and prayers as we gather together here at home. Enjoy each other, be safe, and let's all look forward to another great year serving our country together.

Happy Holidays and Happy New Year,
Col. R. David McNeil
United States Army
Commanding

the Post

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<http://www.dix.army.mil>

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United Communities Housing Information

Leasing Office- 723-4290
Maintenance Office- 724-0500
Maintenance Scheduling,
Progress, and
Trash Concerns - 724-0550

Unaccompanied personnel, military reservists and National
Guardsmen are
NOW WELCOME
Furnished homes are available
Call the leasing office for details.

Holidays with United Communities!

Please make sure to decorate your quarters for the Holidays.
United Communities is holding a contest for the best decorated
home. The judging will take place on Monday, December 18.
Judges from United Communities will view every holiday deco-
rated home on McGuire and Fort Dix and select the best. Prizes
are \$300 American Express Gift Certificate for first place; \$200
gift certificate to the PX for second place, and \$100 gift certi-
cate to the Shopette for third place.

*Please consult your resident handbook in order to identify
where you may and may not place decorations.*

Pictures with Santa will also be taken at the office on Mon-
day, December 18, from 10 a.m. to 4 p.m., 2838A Doolittle
Drive Falcon Courts East.

Do you have a friend who will soon be stationed here on
base?

United Communities is proud to say that if you refer a new
military resident, YOU WILL BE REWARDED. The new resi-
dent must make it clear that you were the resident who referred
him or her to live with our community. You will be rewarded in
the amount of \$250.



2006 • 2006 • 2006

Fort Dix looks back at packed year

As we slip into the last two weeks of 2006, it's time as usual to take a look back at the major events of the year. With the Global War On Terrorism, mobilization, Joint Basing and the establishment of Fort Dix as a Joint Mobilization and Training Center, the 12-month stretch was filled with more activity than seems possible for one installation.

Dix launched the new year with a new weapon — the 21st Civil Support Team from the state was certified on post. The unit, highly trained in responding to weapons of mass destruction, belongs to the state but can be federalized in times of crisis.

Fort Dix welcomed the Rev. Mignone Sines to post as the keynote speaker in the annual Dr. Martin Luther King Memorial Service.

New Jersey also received a new Civilian Aide to the Secretary of the Army as long-time friend of Fort Dix Robert Maguire took over the job.

The number of Soldiers moving through post continued to climb, with 47,500 mobilized and 12,500 demobilized on post since September 11.

The Watson Building became a target Feb. 15 as members of the Fort Dix police and fire departments joined with the Coast Guard Atlantic Strike Team and the 21st Civil Support Team to train on a scenario involving a nerve gas spill in the multi-story structure. Soldiers from the 82nd Airborne dropped in for detainee operations training, the first active-duty unit to take advantage of the course.

As we do every year at the request of the White

House, Fort Dix honored President Grover Cleveland March 17 with a wreath-laying ceremony at his grave in Princeton on the anniversary of his birth.

Construction became a common sight on the installation this year, and in March Dix launched a redesign and upgrade of the main entrance to post on Route 68.

April brought a new leader to the Lightning Division as Brig. Gen. William Monk III received the battlestreamer-bedecked colors of the 78th Division (TS) from Maj. Gen. Wayne Erick in a ceremony on Doughboy Field.

Fort Dix residents got their first look at the future of family housing April 12, when the housing privatization contractor held a Town Hall Meeting to display the new community concept.

Dix joined Soldiers across the nation April 23 in celebrating the 99th birthday of the Army Reserve.

The historical trend continued in May with the memorial induction of the post's new Honorary Commanders, Paul Hran, Norm Harkins, Robert Richter, Eric Allen, Gil Luguey, Eric Spreck, Stephen Duncan, Donald Brown, Don Koon and Joseph Radloff.

Employees of Soldiers mobilizing at Fort Dix visited the post for a day, donning helmets and latching on MREs as they had the opportunity to see first-hand what their employees do when in uniform.

Operation Platinum Wrench was in high gear in July, with Annual Training Soldiers working side-by-side with personnel from the Directorate of Logistics in

maintaining and repairing equipment.

The world got a look at how Soldiers train July 14 when members of the Foreign Press Corps gathered up and spent a day covering the ranges and Forward Operating Base on Fort Dix.

Soldiers and civilians alike said "Hooah!" August 11 with a day of music, food and fun on Doughboy Field in celebration of Team Dix Day.

The post's new Urban Assault Course on Range 59 was dedicated Aug. 15 to the memory of Spc. Ryan T. Baker, a Soldier from Browes Mills killed in Iraq in 2003.

The 404th Civil Affairs Battalion at Fort Dix jumped through an airborne refresher course in August, preparing for redeployment of the unit as an airborne battalion.

Soldiers and civilians running the Joint Readiness Center welcomed Sailors aboard Sept. 7 as part of a test of the post's new role as a Joint Mobilization and Training Center.

More than 650 retirees and their families packed Griffith Field House Sept. 16 for Retiree Appreciation Day.

Dix fielded a team for the Tunnel to Towers Run in Manhattan, one of many commemorative ceremonies on the 5th anniversary of September 11.

The 99th Regional Readiness Sustainment Command took its first steps at Fort Dix Sept. 30, unveiling its sign at Building 5522, the new unit's temporary home.

The Main Gate on Route 68 was named in honor of Spc. Phillip Spakosky Sept. 28. Spakosky, a local Soldier who served with the 1st Armored Division, died in Iraq in 2004.

The Soldier Show took the stage in the newly renovated Timmermann Center Oct. 24 and 25, drawing crowds and winning the audiences with spectacular singing and dancing.

The Logistics Company, out of Fayetteville, N.C., took over the Support Base Services Contract for the post Nov. 1, with more than 400 contractors working in a myriad of functions.

Jewish chaplains from all services met at Fort Dix in November, sharing experiences and mapping the future of their work with Soldiers.

South Jersey rolled out support for Soldiers Thanksgiving Day, with hundreds of community residents welcoming troops to a special Thanksgiving Dinner at Baron's Steakhouse.

With a flip of the switch, Fort Dix launched the holiday season Dec. 1 at the annual Tree Lighting Ceremony.

Through it all, training, schools, processing and the logistics of readying troops for war were an ever-present background.

At the end of the year, more than 90,000 Soldiers had mobilized and demobilized through Fort Dix since Sept. 11, with more units headed our direction and more Soldiers ready to train at the home of the Ultimate Weapon.



Theater Immersion Training for mobilizing Soldiers hit the news world-wide after a Feb. 3 visit by members of the Foreign Press Corps.



Spc. Phillip Pesko, 82nd Airborne Division, above, fights his way through a simulated crowd after being sprayed with pepper spray March 17.



Robert J. McGuire, New Jersey's Civilian Aide to the Secretary of the Army, unveiled plans for promoting recruiting in schools, today's Soldiers and New Jersey's military installations.



Pfc. Emmett Mullan and Spc. Justin Brownell surge over the final hill during unit movement training against enemy fire at Fort Dix in February. The Soldiers, from Bravo Company, 172nd Infantry Battalion, Maine National Guard, were mobilizing through post. Such training was a common site on Fort Dix, with more National Guard and Reserve Soldiers mobilized and demobilized than any other post since Sept. 11, 2001.



Green smoke marks the Landing Zone for a MEDEVAC chopper during convoy training on Fort Dix. Training involving convoy techniques for mounted troops have become a staple in today's Army training.



A team of Fort Dix Soldiers, above, approaches the finish line during the Fifth Annual Tunnel to Towers run in New York City Sept. 24. The run honors the 343 firefighters who were killed in the Sept. 11, 2001, terrorist attacks against the World Trade Center. This marked the fourth year in a row that Fort Dix Soldiers participated in the event.



More than 2,000 Soldiers from the 78th Division (Training Support), left, participated in the division's change-of-command ceremony on Doughboy Field April 9. Soldiers returning from deployment, above, are welcomed home for a Thanksgiving Day dinner at Baron's Steakhouse in Clementon.

Announcements



**Movie
Schedule**
at the McGuire AFB Theatre
Movie Hotline 754-5139

Friday, Dec. 15 @ 7:30 p.m.
Flushed Away - Ian McKellen, Andy Serkis
This animated adventure finds a well-to-do rat accidentally flushed out of his fancy penthouse flat. He's forced to make his way through the grimy London underground. **MPAA Rating: R** for pervasive strong crude and sexual content including graphic nudity, and language. *Run Time: 84 minutes.*

Saturday, Dec. 16 @ 7:30 p.m.
Flushed Away - Ian McKellen, Andy Serkis
This animated adventure finds a well-to-do rat accidentally flushed out of his fancy penthouse flat. He's forced to make his way through the grimy London underground. **MPAA Rating: PG** for crude humor and some language. *Run Time: 85 minutes.*

Future Features...

Stranger than Fiction
Friday, December 22 @ 7:30 p.m.
PG-13, 113 min.

Happy Feet
Saturday, December 23 @ 7:30 p.m.
PG, 87 min.

Main Chapel

562-2020

Sunday Services

Protestant at 9 a.m.
Catholic Mass 10:15 a.m. / 11:30 a.m.
Catholic CCDs held at 9:15 a.m.
Protestant-Gospel Sunday School 10:00 a.m.

Religious Services

Islamic Prayer room
open 7 a.m. to 4:30 p.m. Monday thru Friday - Room 24

Adult Bible Study
Wednesdays at noon and 7 p.m.
Catholic Adult Bible Study Wednesdays at 11:30 a.m.

Christian Women of the Chapel
hold Bible Study Tuesdays, 9:30 a.m. to noon

Jewish Services
Contact the Chapel for dates and times

Organizations

Wiccan Study Group meets
The Wiccan Study Group will meet the first, second and fourth Tuesday of every month at the McGuire Chapel 2 from 6:30 p.m. to 9:30 p.m. Sabbath meetings will be held accordingly. For more information call 758-4681.

Black History committee
The Fort Dix Black History Observance Committee needs volunteers. If you are interested in serving on the Black History Observance Committee, please call Fay Marshall-Dease at 562-2666.

Qualified teachers needed
Experienced, qualified teachers are needed to teach youth classes in ballet/dance, tumbling/kinder gym and Spanish. For more information call Ft. Dix Child and Youth Services at 562-2242.

305 MDG Pharmacy information
Patients using the 305 MDG Ambulatory Healthcare Center who received a prescription must first visit the pharmacy to "check-in and activate" the prescription. An ID card is required. The pharmacy will process the prescription only after check-in.

Current prescriptions may be refilled 24 hours-a-day, seven days a week, by calling 754-9470. Refills can be requested seven to ten days before the prescription runs out. Refills are ready for pick-up two duty days after being phoned in.

Thrift Shop offers gifts for holidays
Visit the Fort Dix Thrift Shop for all your clothing, household and gift giving needs. They have a great line of new title coasters, magnets, greeting cards, and jewelry that are perfect for those last minute gifts or to begin your Christmas shopping. Consignments and donations are graciously accepted. Our regular business hours

Family Advocacy

562-5200

Chaplain

562-2020

American Red Cross

562-2258

Army Emergency Relief

562-2767

Read The Post!

**NCO Call
at Club Dix
Wednesdays at 6 p.m.**

FORT DIX WANTS YOU



24-hour Hotlines

Sexual Assault.....562-3849
Victim Advocacy.....694-8724
Child/Spouse Abuse.....562-6001
Emergencies.....911

Or, visit the Fort Dix Department of
Defense Police Department in Bldg.
6049 on 8th Street.

Army Community Service
Bldg. 5201
562-2767

Hours of Operation:
7:45 - 4:30 p.m.

December Schedule

The Season of Excess: Maintaining Balance
15 December
11:30 a.m. - 12:30 p.m.
ACS.

International Spouse Group
15 December
11:45 a.m. - 1:00 p.m.
ACS.

Volunteer Advisory Council
20 December
9:30 a.m. - 10:30 a.m.
ACS.

Avoiding Holiday Meltdowns
21 December
11:30 a.m. - 12:30 p.m.
ACS.

Love Shouldn't Hurt
21 December
11:30 a.m. - 12:30 p.m.
ACS.

For more information call
Deraurah Wilson at 562-4830

Youth Center

Bldg. 1279 Locust Street
562-5061

Hours of Operation:
Tuesday - Friday 2 to 7 p.m.
Saturday 1 to 7 p.m.
Sunday & Monday CLOSED

Administrative Hours:
Tuesday - Friday noon to 6 p.m.

December Schedule

Mondays - Fridays

Power Hour
2 - 4:30 p.m.

Computer Lab
4:30 - 6:00 p.m.

Tuesdays
SMART Start
3:45 - 4:45 p.m.

Wednesdays
Sports and Fitness
3:35 - 4:45 p.m.

Thursdays
Tech Club
3:45 - 4:45 p.m.

Fridays
Arts and Crafts
3:45 - 4:45 p.m.

Note: The Teen Center is open Fridays and Saturdays from 7 to 11 p.m., except during the Youth Center's Midnight Basketball nights.

MOBILIZATION NEWS YOU CAN USE

WDIX
Commander's
Channel 2

WDIX
Commander's
Channel 2

Post Shuttle Bus

562-5888
Monday to Sunday - 7 a.m. to 10 p.m.
During the day *Star* Tour buses are used.
In evening the military Bluebird buses are run.

**Dix Shoppette/Class Six/
Gas Station**
723-0044
Bldg. 5399, Texas Ave.
Monday to Friday - 6 a.m. to 10 p.m.
Weekends - 7 a.m. to 10 p.m.

BX/PX & Mail
723-6100
Monday to Thursday - 10 a.m. to 8 p.m.
Friday and Saturday - 8:30 a.m. to 8 p.m.
Sunday - 10 a.m. to 6 p.m.

Commissary
754-4154
Monday to Friday - 7 a.m. (early bird) to 8 p.m.
Saturday - 9 a.m. to 8 p.m.
Sunday - 10 a.m. to 7 p.m.

**Military Clothing/Sales
Store Alterations**
723-2307
Bldg. 5601, Texas Ave.
Monday to Saturday 10 a.m. to 5:30 p.m.
Sunday - Closed.

Firestone
723-0464
Bldg. 4201 on Texas Ave.
Monday through Friday - 7 a.m. to 7 p.m.
Saturday - 7 a.m. to 5 p.m.

Recreation Center
562-4956
Bldg. 5905 on Doughboy Loop.
Monday through Friday - 1 to 10 p.m.
Saturday and Sunday - noon to 11 p.m.

AT&T Cyber Zone offers computer access for a fee

Burger King
723-8937
Bldg. 5399, Texas Ave.
Monday to Saturday 6 a.m. to 8 p.m.
Sunday 7 a.m. to 8 p.m.

McGuire Gas Station
723-4705
East Arnold Avenue by th 24-hour gate
Monday to Friday - 6:30 a.m. to 7 p.m.
Saturday - 9 a.m. to 7 p.m.

Spouses' Club Thrift Shop

723-2683
Tuesday and Thursdays - 10 a.m. to 2 p.m.
First Wednesday of each month - 4 to 8 p.m.
First and 3rd Saturday of each month - 10 a.m. to 2 p.m.

Dining Facilities
Bldgs. 5640 and 5986
Breakfast Mon - Sun 5:30 to 7:30 a.m.
Lunch Mon - Sun 11:15 a.m. to 1:15 p.m.
Dinner Mon - Sun 4:30 to 6:30 p.m.

Bldg. 5517
Breakfast Mon - Sun 6:30 to 8:00 a.m.
Lunch Mon - Sun 11:30 a.m. to 1:00 p.m.
Dinner Mon - Sun 4:30 to 6:00 p.m.

Outdoor Recreation
562-6667
Bldg. 6045 Doughboy Loop
Equipment for rent includes skis, snowboards, canoes, flat bottom boats, campfires of various sizes, tents, tables, chairs and more.
Monday to Friday 10 a.m. - 5 p.m.
Saturday 4 p.m.

**Java Cafe and Computer Lab
@Club Dix**
723-3272
Monday - Tuesday - 7 a.m. to 2:00 p.m.
Wednesday - Friday - 7 a.m. to 10 p.m.
Saturday - 7 a.m. to noon / 5 p.m. to 10 p.m.
Sunday - noon - 10 p.m.

McGuire Shoppette
723-4705
East Arnold Avenue by the 24-hour gate
Monday to Thursday - 6:30 a.m. to 9 p.m.
Friday - 6:30 a.m. to 7 p.m.
Saturday - 9 a.m. to 10 p.m.
Sunday - 9 a.m. to 7 p.m.

Fort Dix Post Office
723-1541
6038 West 9th St.
Monday to Friday - 8:30 a.m. to 4:30 p.m.
Saturday - 9:00 a.m. to noon
Lobby hours
Monday to Friday 7:00 a.m. to 7:00 p.m.

Club Dix
723-4272
Dix Cafe
Tuesday to Friday 11 a.m. to 1 p.m.
Revolutions Lounge
Opens 4:30 p.m. Tuesday to Sunday
Karaoke every Thursday at 8 p.m.

Mailing deadlines approaching

Military Mail Addressed to:	Express Mail® Military Service (EMMS) ^{1/}	First-Class Mail® Letters/Cards	Priority Mail®	Parcel Airmail® (PAL) ^{2/}	Space Available Mail (SAM) ^{3/}	Parcel Post®
APO/FPO AE ZIPs 090-092	Dec 19	Dec 11	Dec 11	Dec 4	Nov 27	Nov 13
APO/FPO AE ZIP 093	N/A	Dec 4	Dec 4	Dec 2	Nov 27	Nov 13
APO/FPO AE ZIPs 094-098	Dec 19	Dec 11	Dec 11	Dec 4	Nov 27	Nov 13
APO/FPO AA ZIPs 340	Dec 19	Dec 11	Dec 11	Dec 4	Nov 27	Nov 13
APO/FPO AP ZIPs 962-966	Dec 19	Dec 11	Dec 11	Dec 4	Nov 27	Nov 13

^{1/} EMMS: Express Mail Military Service is available to selected military post offices. Check with your local Post Office to determine if this service is available to your APO/FPO of address.

^{2/} PAL: PAL is a service that provides air transportation for parcels on a space-available basis. It is available for Parcel Post items not exceeding 30 pounds in weight or 60 inches in length and girth combined. The applicable PAL fee must be paid in addition to the regular surface rate of postage for each addressed piece sent by PAL service.

^{3/} SAM: Parcels paid at Parcel Post postage rates are first transported domestically by surface and then to overseas destinations by air on a space-available basis. The maximum weight and size limits are 15 pounds and 60 inches in length and girth combined.

International Mail Addressed to:	Global Express Guaranteed® (GXG) ^{4/}	Global Express Mail® (GEM) ^{5/}	Global Priority Mail® (GPM) ^{6/}	Global Airmail® Letters and Cards	Global Airmail® Parcel Post®	Global Economy® (Surface)
Africa	Dec 19	Dec 11	Dec 6	Dec 4	Dec 4	Oct 16
Asia / Pacific Rim	Dec 19	Dec 15	Dec 13	Dec 11	Dec 11	Oct 30
Australia / New Zealand	Dec 19	Dec 15	Dec 13	Dec 11	Dec 11	Oct 30
Canada	Dec 20	Dec 16	Dec 13	Dec 11	Dec 11	Nov 27
Caribbean	Dec 19	Dec 15	Dec 13	Dec 11	Dec 11	Nov 6
Central & South America	Dec 19	Dec 11	Dec 4	Dec 4	Dec 4	Oct 30
Mexico	Dec 19	Dec 15	Dec 13	Dec 11	Dec 11	Nov 20
Europe	Dec 19	Dec 15	Dec 13	Dec 11	Dec 11	Nov 6
Middle East	Dec 19	Dec 15	Dec 13	Dec 11	Dec 11	Oct 23

^{4/} GXG: Global Express Guaranteed is available to over 190 countries via a partnership with Federal Express. See retail associate at participating locations for a complete list of countries and money-back guarantee details. Some restrictions apply.

^{5/} GEM: Global Express Mail is available to over 190 countries with delivery in 3-5 business days. See a retail associate at participating locations for a complete list of countries. Some restrictions apply.

^{6/} GPM: Global Priority Mail is an accelerated airmail service available for items up to 4 pounds to 51 countries. The service is available in two attractive-sized envelopes. Customers can also use their own packaging by adding the Global Priority Mail sticker. See a retail associate at participating locations for a complete list of countries. Some restrictions apply.

Food Service Officer retires

Steve Snyder
Public Affairs Staff

"My life, my joy, my food, my all the world!"
Shakespeare, King John

Food has been General H. Gregg's life. And it's been a good one.

Gregg's mastery in manipulating the stuff of life has enabled him to travel the world, enjoying many diverse friendships while making a handsome living. It also offered an avenue to serve his country which he didn't hesitate to embrace. Indeed, serving Soldiers has become sort of a philosophical imperative with him.

But all good things must come to an end and when this month passes into history Gregg will retire from his job as Food Service Officer for Fort Dix. He's been working here as a civilian since 1986 with a colorful military career preceding that. But it's time to spend some quality time with Mom back in Florence, S.C. and generally turn attentions to aspirations which have been too long on the shelf.

Born in the southland
Gregg was born Nov. 13, 1938, in Florence, S.C., about 86 miles from the state capitol in Columbia.

He grew up working on his grandfather's farm and was quite a basketball player at Wilson High School before graduating in 1957. Following high school he worked as an orderly at a local hospital for a year and discovered that he enjoyed helping people.

Before committing to military life, Gregg joined the Army Reserve, liked it, and came in. He completed basic training at Fort Jackson, S.C., before going on to master food service as his military occupational specialty at Fort Gordon, Ga.

His first major assignment was at the United States Military Academy Preparatory School or MAPS at Fort Belvoir, Va. He cooked for preppies, students attending the school for a year in order to be ready or be accepted at West Point.

Gregg loved working with the would-be West Pointers and stayed at Belvoir for five years from August 1958 to December 1962.

A wild tour in Germany followed, Gregg working for the officer's club in Erlangen, near Giessen, in the Nuremberg area for the next three years.

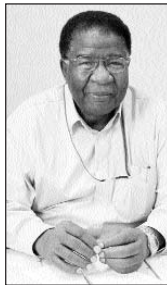
Assigned to the 1/36th Artillery, Gregg says he picked up a lot of Italian and German language skills from working with those nationalities, especially the Italians who were older and generally refused to speak English.

"We did a lot of travelling," he recalls, noting his family was there with him at the time.

Continental idyl
Gregg enjoyed visiting Italy, France, Belgium, Luxembourg, Sweden, Holland, and Spain but thought Austria and Switzerland land were the cats' meow because of their breathtaking Alpine scenery.

Returning for a relatively uneventful duty at Fort Hood, Texas, from December 1965 to August 1967, Gregg was assigned to Vietnam.

The war was raging then, of course, as Gregg checked into the Chu Lai Air Base near Da Nang, cooking for the 198th Light Infantry Bde. Gregg ran the dining facility, developing a good rapport with his Vietnamese co-workers. But while the cooks morale was high the same could not always be said of troops coming in from patrols



Steve Snyder

General H. Gregg
and bring to eat while forgetting the horror stories they'd just endured.

"We used to watch rockets (mortars) hit the base," Gregg recalls.

One major attack killed eight of 11 kitchen workers and left Gregg bleeding with a frag wound in his back and head. Images of dead buddies haunt his memories of Vietnam, he says.

Assuming he might very well get another assignment to Vietnam, Gregg up and volunteered for Thailand, instead. The move was a smooth one because it proved to be his favorite duty station.

During the Vietnam War B-52s flew out of Thailand to deliver their deadly loads and then flew back so air crews enjoyed bases that were secure, at least.

Gregg was stationed at a small base about an hour and a half from Bangkok.

In love with Thailand
"This was a marvelous people," he says, and Gregg took advantage of their hospitality to travel widely across the country, often traveling by trucks with seats in the back - a major component of Thai public transportation.

The only negative aspect of his Thailand tour was the prevalence of hard drugs, cheap and effective in luring unthinking GIs into trouble. "Drugs were everywhere and were very dangerous," he says. Many GIs became hooked on heroin, coned into thinking they were buying something harmless.

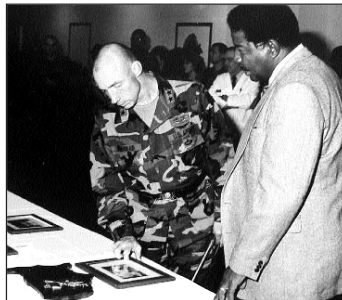
Another two tours in Germany followed Gregg's Thailand jaunt, up near Bremer with an artillery unit. In April 1972 he began one year in Korea, cooking for only 23 staff officers at 2d ID HQ. Several tours at Fort Monmouth followed in the early 1970s and 80s, where he worked with cadet trainees again in the USMAPS program.

Gregg had a tour at Fort Dix, too, from May 1978 to November 1981. He retired in November 1984 as a master sergeant (E-8) when at Fort Monmouth.

Gregg began working at Fort Dix as a civilian in May 1986, starting out as a quality assurance evaluator before jumping up to a contract officer representative and then to his current position in the 1990s.

"There's never a dull moment in the food business," he exclaims, observing that in the days when Fort Dix's mission involved basic training you would know your numbers of Soldiers would be guaranteed to remain steady but today with one rapid deployment after another, all is often chaos.

Only the fittest survive. Gregg is one of those rare individuals who've achieved the status of an institution unto themselves here. And Team Dix liked it that way.



DAYS OF THE GIANTS -- General Gregg confers with one of Fort Dix's legendary commanders, Maj. Gen. James W. Wurman, during an awards presentation sometime in the late 1980s or early 1990s.



CAMERA BUG -- Mr. Gregg checks out a camera with the manager of the dining facility at Bldg. 5640, Darlene Ross, just last month.



MASTER OF CEREMONIES -- General Gregg presides over the retirement party thrown for Alamo Rafael, center, at the German restaurant in Wrightstown several years ago. Workers come and go but their loyalty to the boss is like a glue cementing esprit de corps.



TEACHING MACRAME -- Gregg took up macramé, above, in post art classes even teaching this class in 1980 to aspiring artists. He's dabbled in sign painting, photography, carpentry and coin collecting and displayed a certain flair in all.

Saluting a General worthy of the name

"I want to say how dedicated Mr. Gregg was in serving our Soldiers the best quality and best-prepared food possible. Of all the classes of supply, Class 1 - Subsistence is the most important to the Soldier and Mr. Gregg never lost sight of his responsibility to do his best.

"He also took care of us civilian employees when he set up the bagel/snack room and stocked it by shopping on his own time. I miss the bagel room but not the extra calories!"

"I wish him the very best in his well-earned retirement and will miss his upbeat personality!"

Robert Wahl, DOL
Supply Technician,
Supply and Transportation

"The only thing that I can remember that was a little comical is the first day when I came to work I was told that there was a break room for coffee and snacks. I thought, great! But when they told me that General Gregg was responsible for the break room I wondered if he was a two-star or a one-star? Did I have to salute or not?"

Donald Seybold, DOL
Supply Technician
Supply and Transportation

"I'm going to really miss my friend, General Gregg. Those amazing photographs on his office walls bear testimony to his skills with a camera. He brings that same professionalism to his job. He's a real, genuine down-to-earth person, a really nice guy. His parents really helped his military career, naming him General. The rank fits."

Henry Strasser
RMO Budget Analysis

"Mr. Gregg is very creative and artistic; I don't know if anyone remembers but back in the 1980s Mr. Gregg would make some of the most beautiful Macrame hangers for hanging plants, they were really beautiful, some of them were three or four feet long and they were quite decorative. Now he is taking art classes and painting pictures. So I know he will not be bored in the coming months."

Donna Warren, DOL
Installation Property Book Officer
Supply and Transportation

"Fort Dix has an outstanding Food Services Program. The main reason is due to Mr. Gregg's focus, commitment and hard work. He always has the Soldier's best interests in mind. He will truly be missed by everyone. The person that replaces Mr. Gregg better be ready to perform at the same high levels that Mr. Gregg did on a daily basis over the past 20 years."

Marvin Kastberg, Director
Army Reserve Contracting Center

"I am truly going to miss his presence in DOL. We have worked together more than 10 years. We've lost a co-worker this past year to cancer. Mr. Gregg was a great person in his support to her family. I was very proud to be a part of the undoubted love that he showed. And that comes from our respect for one another.

"Mr. Gregg is always available to help anyone but never wants to be put in the spotlight. He gives 100 percent of his services to whatever is needed to be done. I will always have great respect for his work ethic.

"DOL is not only losing another employee but the experience that goes with the job because sometimes the people we meet can teach us more than our job descriptions.

"I pray that God blesses Mr. Gregg's future endeavors as much as he has blessed us."

Sandra Pratt, DOL
Supply Technician
IC7BO

Ohhhhhhhhh, Mr. Gregg... If beauty and kindness were money, Mr. Gregg would be a millionaire. With his love and support, I am the richest woman in the world. If he had another 20 years to work, I would work for him in a heartbeat.

Good luck in your endeavors. You will be truly missed.

Donna M. Cestaro, DOL
Office Automation Assistant
Food Service Office

"I learned a lot working with Mr. Gregg, not only in food service but about the logistics of food service, supply and demand, and customer service.

"Mr. Gregg is a very knowledgeable person who enjoys sharing his expertise with his employees. He has given the Public Affairs Office and Black History Observance Committee of Fort Dix unconditional support throughout the years.

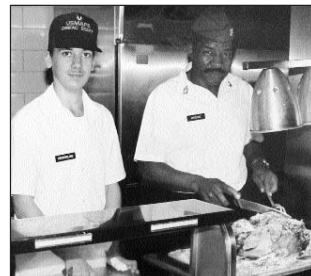
"I have enjoyed working with and getting to know Mr. Gregg on both personal and professional levels. Along with the entire 'Team Dix' family, I will miss him.

Veverly Wakefield
Public Affairs Office
Automation/Administration

"I have known Mr. Gregg for many years. He is the most thoughtful, dedicated and caring person I have ever met. He gives selflessly of his time to one and all and it is more than just a job with him, he genuinely cares about the Soldiers and community.

"It has been a pleasure to know and work with him and he will be sorely missed."

Mary Parzyck, DOL
Supply Technician



COOKING FOR FUTURE CADETS -- General Gregg spent five years cooking for students preparing for admission to West Point as part of the United States Military Academy Preparatory School Program or USMAPS from 1958 to 1962 at Fort Belvoir, Va., and then repeated the process, above, at Fort Monmouth in the same program in the early 1970s and early 1980s. He says he enjoyed working with young Soldiers. And those who never made it to the Point at least ate well along the way.

Lightning strikes twice for 78th's 1st Brigade



photos by Shawn Morris

Col. Donald Leins, above, takes command of 1st Brigade (Battle Command Staff Training), 78th Division (Training Support) from Lt. Col. James Bagley, left, during a traditional change-of-command ceremony held on Sharp Field Dec. 10. First Brigade operates the Lightning Battle Projection Center on post.



Wayne Cook

'Tis better to give

Students from the Fort Dix Elementary School safety patrol and Miss Lerner's fourth grade class wrapped presents to be donated to Soldiers serving in Iraq. Accepting the gifts on behalf of the Soldiers are Sgt. Maj. Roger Chin, left rear, and other Soldiers of the Mobilization Readiness Battalion. The fourth graders also wrote letters of appreciation, and the first graders and kindergarten students hand made cards for the Soldiers. Other organizations that made donations included the Rancocas Valley Regional High School's Junior Reserve Officer Training Corps, Fort Dix Spouses' Club, Fort Dix Elementary Home and School Association, and the Acme of Browns Mills.

Read The Post!

NEIGHBORHOOD

THE CORNER

Post Thrift Shop ready for holiday shopping

Visit the Fort Dix Thrift Shop for all your clothing, household and gift-giving needs! We have a great line of new tile coasters, magnets, greeting cards, and jewelry that are perfect for those last minute gifts or to begin your Christmas shopping:

- Tuesdays and Thursdays from 10 a.m. to 2 p.m.
 - First Wednesday from 4 p.m. to 8 p.m.
 - First and Third Saturdays from 10 a.m. to 2 p.m.
- Call 723-2683 for more info.

Pair of FAP seminars coming this weekend

The Fort Dix Family Advocacy Program (FAP) is sponsoring two seminars this weekend:

- Are You Struggling With Your Pre-teen/Teenager? -- Dec. 16 from 9:30 a.m. to noon at Army Community Service. Space is limited, so call Deraunah Wilson, FAP educator, 562-4830 to register.
- Holiday Stress -- Dec. 15 from 4 to 5 p.m. at the Child Development Center. Call 562-4830 for more information.



Ed Mingin

Hooked on holidays

Capt. Hook (aka Capt. Kevin O'Connor) and his band of buccaneers lived it up at this year's installation holiday party. For more photos, see page 13.

Christmas tree sales continue this week

Fort Dix Christmas tree sales will run until Dec. 23 at the Outdoor Recreation Equipment Resource Center, Bldg. 6045. Hours are Monday through Friday from 10 a.m. to 5 p.m. and Saturday to Sunday from 9 a.m. to 4 p.m.

Trees start as low as \$20, and free refreshments will be available. Call 562-6667 for info.

Boys and Girls Club to join Art Exhibit

The Boys and Girls Club of Fort Dix will participate in the National Fine Arts Exhibit program with a local art exhibit on display at the Fort Dix Arts and Crafts Center, Bldg. 6039, Dec. 16. The club may submit members' artwork for judging, from which 37 national winners will be named.

Martin Luther King to be honored at Club Dix

Fort Dix will honor the life of Martin Luther King Jr. Jan. 11 at 11:30 a.m. in Club Dix. The guest speaker will be Dr. Charles F. Johnson, an orthodontist, real estate broker and member of the American Association for the Advancement of Colored People.

For more information, call Fay Marshall-Dense at 562-2666.

Combined Federal Campaign success

Officials and guests from Fort Dix and McGuire Air Force Base gathered at Club Dix Dec. 6 for the closing ceremony of this year's South Jersey Combined Federal Campaign.

Col. Frederick H. Martin, McGuire wing commander, announced that his base had exceeded \$150,000 in donations for this year's event, while Col. R. David McNeil, Fort Dix commander, revealed that Team Dix had given more than \$35,000, exceeding this year's goal by \$5,000.

The guest speaker for the event was Dorothy Jean Stanhope, executive director of the USO of Pennsylvania and New Jersey.

Stanhope explained the importance of the Combined Federal Campaign program, especially for families of National Guard and Reserve Soldiers that don't have the internal support

mechanisms enjoyed by their active-duty counterparts.

The mission of the Combined Federal Campaign (CFC) is to promote and support philanthropy through a program that is employee focused, cost-efficient, and effective in providing all federal employees and service members the opportunity to improve the quality of life for all.

CFC is the world's largest and most successful annual workplace charity campaign, with more than 300 CFC campaigns throughout the country and internationally to help to raise millions of dollars each year.

Pledges made by Federal civilian, postal and military donors during the campaign season support eligible non-profit organizations that provide health and human service benefits throughout the world.



Dorothy Jean Stanhope, executive director, USO of Pa. and N.J.

Holidays stressful for kids of deployed parents

Karen Fox
Family Advocacy Program

While the holiday season is often a time of joy and celebration, for many it can be a source of stress and anxiety. For military families, it can be a time of sadness and loss, as well.

This is especially true if the family is separated from extended family members and their hometown traditions, or if the family is currently experiencing or anticipating a deployment of a loved one. It can be challenging not only for the children who are missing a deployed parent, but also for the "homefront" spouse who has been thrust into single parenthood.

Here are some suggestions that provide guidance for military parents who want to minimize the stress and maximize the joy of the holiday season:

- Include your children in the holiday planning, and let them know the final details in advance. This will give them a chance to prepare themselves emotionally for the visits, the travel, the dinners and additional responsibilities.

- Organize and prioritize by creating a holiday task list. Ask others to share the responsibilities, including the children. Involve children as much as possible in holiday crafts, decorating, baking and cooking. These are fun activities that can become part of your family's holiday tradition -- and traditions, after all, create those warm memories of the holiday season.

- Help children with holiday gift planning. Holiday shopping can be overwhelming for children, so help them decide in advance who to buy for, what to buy, and how much to spend.

Even better, children can make gifts for family and friends.

Be selective about your children's holiday television and movie viewing. One of the intents of holiday programming is the commercialization of holiday toys and products.

- Stick to your typical family routine as much as possible. It is often difficult to take time out of busy holiday preparations. However, try not to compromise the everyday activities that provide structure and cohesiveness within your family such as going to the playground, reading a favorite book at bedtime, or playing together. This is especially important for children when everything in their lives is being disrupted by the holiday season.

- Family traditions create routines and rituals that offer great comfort and security. Keep your cherished family traditions and consider establishing new ones for your family. Family traditions evolve over a family's history, so creating new traditions reflecting the family's current needs can be an enlivening process. Involve everyone, including your children, when creating new traditions. Consider baking holiday cookies and delivering them to a veteran's organization, or putting together a holiday package for a deployed soldier to boost morale and show you care.

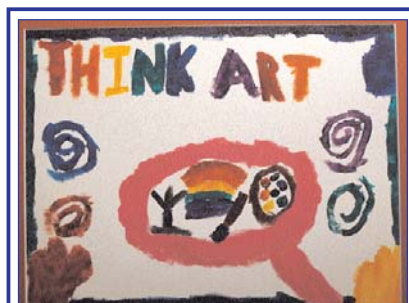
- Be honest about sharing feelings of sadness and loss with your children. Children often need the parent to model the words and actions to express their own feelings. Continue celebrations and family traditions in the absence of your loved one. You can keep the missing person's presence viable for your children by reflecting on past and

future holidays, as well as providing a vivid, detailed picture of how he or she will be observing the holidays overseas.

- Focus on the positive events of your holiday celebration. You can keep the good memories alive by recording them. Let children record them in a very concrete way—in a homemade

book of their personal recollections, a photo album, or a scrapbook.

For more information or to schedule a class on personal development, positive parenting or building healthy relationships for yourself and your family, please call the Family Advocacy Program at 562-4830.



Jennifer M. McCarthy

I paint, therefore I am

Dionte Brooks-Adams took third place with his colorful work "Think Art" at the Fort Dix Youth Services Annual Fine Arts Exhibit on display at the Arts and Crafts Center to Dec. 16. Also winning ribbons in the competition were Diamond White, Cierra Wright, Alysa McLaurin, Ariana Maldonado, Connor Wallace, Josephine Schultz, Joy Craig, Justin Taylor, Xavier Hatten, Connor Wallace, Marvin Beckett and Bailey Wohlman.

Sharing trumps shopping during holidays

Chap. (Col.) David Forden
Chapel Staff

One of the goofy programs that I enjoy watching on TV is the Dirty Jobs program. The episode that I watched the other night was on feeding pigs. What a kick. They showed how the pig farmer recycles the leftover scraps of food from the fancy restaurants in Las Vegas, Nev. They even had a large tank

of melted ice cream that just drove the pigs wild.

These pigs were worse than Christmas shoppers at a Wal-Mart 50-percent off, Day-after-Thanksgiving Sale. As the host of the show tried to dump the slop in the pig trough, the pigs would jump on each other, just to get their share of the bounty, especially the melted ice cream. Those pigs were going to get their share, no matter what.

Later that evening, on the news, I

saw a scene of eerie similarity going on in the shopping malls. It really was a Day-after-Thanksgiving sale somewhere in Philadelphia, and the shoppers were intent on getting their, whatever...no matter what. People were pushing and shoving just to be one of the first through the doors. All I could think of was that program of the pigs at feeding time.

As I watched the news, I realized that both the pigs and the shoppers held

a common belief. That common belief was that if they did not get their slop, or retail item, or whatever they were looking for, they would lose out. This is a scarcity mentality.

How many of us live with that kind of mindset? It is the mindset that says that there is only so much available in this world, and if we don't get our share now, it will never come our way again. That kind of thinking creates a desperate hunger within us that causes us to be short sighted and miss out on the larger picture of life. There are some things in life that are more important than the table scraps that people seem to be stepping all over each other to obtain.

Too often we are caught up in our own scarcity thinking, and are unable to realize that, if we look at our world differently, we might be able to see that there really is a world filled with abundance beyond our imagination.

In the book "Seven Habits of Highly Effective People" by Steven Covey, the author looks at a principal that is best known amongst negotiators: The principal of "Win/Win." It asks the question, how can I get what I need in this situation, while at the same time helping you get what you need?

Perhaps if each of us spent more time thinking about how we can help others, we all might be better off ourselves.

Too often we get stuck in narrow ways of thinking and living, and we forget that God has made us "a little lower than angels." We get stuck in our thinking and need to be reminded who we are, that we are women and men who have the ability to look beyond ourselves and live our lives with genuine nobility. Now go out, and bless someone.



Wayne Cook

Kids and cops GREAT together

Lt. Bonnie Graham-Morris, left, and Officer Phil Beach Jr., far right, of the Fort Dix Police Department pose with the students from Mrs. Owens fifth-grade class who are the first class in the Pemberton school system to graduate from the entire course of GREAT (Gang Resistance Education and Training) Dec. 12.

AKO launches video e-mail for deployed troops, families

WASHINGTON, Dec. 14, 2006 - Deployed Soldiers can now communicate with loved ones via video e-mail through Army Knowledge Online, the Army's intranet portal.

More than 3,500 video e-mails were created when the new option debuted Dec. 5.

"Thank you for allowing me to see my family. Your technology helps boost not only my morale, but thousands of Soldiers' morale," wrote one user.

AKO video messaging allows deployed active-duty and reserve-component Soldiers to create video messages on a computer with a webcam. The message is then stored on a server, and only the URL link is sent to the recipient.

Upon opening an e-mail, the user clicks on the link to get streaming video and sound. The video-streaming software allows users to hear and view video e-mail even in limited bandwidth environments. The link can be accessed anytime, anywhere.

Instructions can be found at

the AKO home page at <https://www.us.army.mil>. Users must follow DoD security measures used for standard e-mail, and webcams may not be used in secure areas.

Families with an AKO account can send video e-mails from home with a personal computer and a webcam. Many family support centers on military bases also offer webcams for families' use. In theater, military bases typically have webcams available at cyber cafes.

"Families no longer need to coordinate times to ensure everyone is available to see each other," said Gary L. Winkler, director for Governance, Acquisition and Knowledge in the Army Chief Information Office/G-6, who initiated the project.

"This will help geographically separated families stay closer during deployment, and we also expect other benefits from this capability as users become more familiar and comfortable with it."

Welcome home



Sgt. Pascual Flores, 1079th Garrison Support Unit

Soldiers from the 1079th Garrison Support Unit receive their Welcome Home Warrior-Citizen awards during a Dec. 2 ceremony presided over by Brig. Gen. Frank Cipolla, deputy commander of the 77th Readiness Reserve Command at Fort Totten, N.Y.



Ryan Morton

Glowing reviews

The Fort Dix Nuclear, Biological and Chemical (NBC) Defense School Class 002 graduating class is made up of the following Soldiers: Back row, from left, are Staff Sgt. Darrell Tiller, Sgt. Tony Arline, Staff Sgt. Colin Bridges, Sgt. 1st Class Paul Cameron, Sgt. Donald Columer, Sgt. Kyle Habig, Sgt. Ahmad Jimmer-son and Spc. Robert Kerr; front row, from left, are Staff Sgt. Milton Williams, Pfc. Bettina Twyman, Spc. Jerald Loyek, Sgt. Kymberly Oates and Sgt. Janice Saintignon.

Training to standard



Soldiers from the 377th Military Intelligence Bn. practice room-clearing techniques at a Fort Dix training site.

Soldiers trade training skills



Lt. Col. Mark Zaslavsky

Maintaining excellence

Col. Douglas Dinon, deputy commander for mobilization, right, presents letters of appreciation and commander coins to members of the 1-322nd Regiment (LS) for outstanding support of the 194th Infantry Company during mobilization. The 1-322nd Maintenance Section is responsible for all organizational maintenance for mobilizing units that train at Fort Dix. Along with the supply section, they are responsible for the maintenance, issuance and receipt of more than 800 tactical wheeled vehicles and SINGARS radio systems.



Ryan Morton

Dining-In pays out

Elaine Percival accepts a \$500 check on behalf of Army Emergency Relief from Lt. Col. David Mull and other members of the Dining-In Committee 2006. They are, left to right, Maj. Stuart Gillard, Master Sgt. Robin Brobst, Staff Sgt. Kelly Hill, and Capt. Kevin O'Connor ("Mr. Vice"). The money was raised during the annual Dining-In held Nov. 28, as a result of violations of the "rules of the mess." Four people not shown in the picture who contributed heavily to the success of the dining-in and the charitable donation are Sgt. 1st class Philip Mitchell, Maj. David Dean ("the Grogmaster"), Maj. Joyce Toriano, and 1st St. Irene Sattler.

Wayne Cook
Public Affairs Staff

In the world of the Army today, with ever-expanding operational requirements and diminishing training funds, it takes ingenious thinking to overcome shortages and to provide for the best, well-rounded, trained Soldier.

The Fort Dix NCO Academy cadre has delved deep into this type of thinking and has found a way to not only help themselves attain training, but also to sharpen the skills of other Soldiers in the field at the same time.

Earlier in the year, members of the academy staff came up with the idea that they could negotiate with the training staff on the ranges at Fort Dix and at Forward Operating Base Tiger to attain field training for cadre members from the academy. Some instructors at the school have not yet seen duty in the war environment overseas and they wanted the chance to gain and hone their skills in case they were selected for deployment.

Being limited in the funding area, the academy Soldiers coordinated around the post with some of their contacts in different units and were able to make the training happen. It was a resounding success.

Utilizing that same theme and the experience gained from it, the leadership at the academy decided to give it another go and see if they could work out some more training for their cadre while providing training for Soldiers in another unit.

They contacted members of the Observer-Controller/Trainer (OC/T) Course, 5th Brigade, 78th Division, and coordinated a swap - training for training. The NCO Academy cadre would provide training to the OC/T instructors to hone their skills as instructors in exchange for training from the OC/T instructors on some necessary field skills and providing after-action reports or briefings and evaluations.

The training began in the classroom the first two days when the OC/T instructors were taught new techniques on how to instruct in the field. A lot of the Soldiers have been instructors for a long period of time, but found the new techniques helpful.

"I think it was a good trade-



Wayne Cook

TRADING TRAINING - Staff Sgt. Juan Unigarro, NCO Academy, conducts an after-action briefing as part of his training provided by the 5th Brigade, 2/315th Field Artillery, on Observation, Controlling and Training during a "trade training for training" scenario between the two organizations Nov. 30.

off. We learned some things from the NCO Academy cadre and they learned some things from us. We are both groups that train Soldiers, just in different venues and this was a great way to benefit everybody involved," said Master Sgt. Kenneth Townsend, NCOIC, 3/312th Training Support Battalion.

"This has been effective enough that it could start a new trend in saving money by trading training for training throughout the Army. The positive thing is I've learned different ways to instruct Soldiers and being here at Fort Dix and the type of training we provide here, this gives me the tools to better prepare the soldiers to fight the war," he said.

"I think this has been awesome. This will really help us in the field. Some of the things we were taught will be very valuable as will some of the things we taught the academy instructors. With the Op tempo of the

Artillery.

Days three and four of the training focused on field training for the NCO Academy instructors. They were taught new evaluating techniques and how to better conduct after-action reviews. The value of this training was not lost on the school cadre.

"I think this gives the Academy instructors a different perspective on how we train our Soldiers in the field in tactical situations. It gives the instructors a different perspective of who they are; not only instructors, but also evaluators. We can incorporate some of these new tools in to our teaching techniques. The instructors getting certified as OC/Ts now opens up their opportunities for more operational assignments in the future," said Sgt. 1st Class Mary Russell, NCO Academy cadre.

"We can definitely use this newly acquired technique on performing after-action reports and incorporate it in how we conduct our final after-action report exercises in the field. Utilizing the evaluating techniques we learned will help us to improve our field evaluations in the field, also," said Staff Sgt. Juan Unigarro, NCO Academy cadre.

"I think this was a good experience in regards to giving us a different format that we can adopt and formalize and incorporate into our training so we can better train Soldiers," Unigarro said.

For both organizations there seemed to be great payoffs in the end; the OC/T instructors received their certifications as instructors and the Academy instructors were certified as OC/Ters. Money and time was saved by both organizations and valuable training was shared that might otherwise take months or years to accomplish for everyone involved.

Army today and with the financial constraints, it only makes sense that we are able to swap training for training. This helps meet the needs of all units and promotes the 'One Army, One Team' concept. I think the academy cadre did a great job of promoting the one team concept with their high level of professionalism," said Capt. Elizabeth Ryser, OIC, Tactical Operations Convoy Defense Patrol Livefire.

"We were able to certify the NCO Academy cadre on OC/T duties and responsibilities and First Army guidance on conducting formal after-action reviews along with the important roles of the OC/T to not only observe, control, and train but also to teach, coach, and mentor warriors as they prepare for combat. This collaborative effort saved a lot of time and money by utilizing creative training and coordination techniques," said Sgt. 1st Class Stephan Gomez, 2/315th Field

Exercise tests Homeland Security mission

Wayne Cook
Public Affairs

Fire trucks, tractor-trailers, mobile command posts, and many other emergency response vehicles from the Army, Air Force and Coast Guard set up outside Walson Dec. 11 as members of the Fort Dix Fire Department, 21st Civil Support Team, McGuire Office of Emergency Management, and the Coast Guard Atlantic Strike Team came together to conduct a joint exercise to test their interoperability capabilities to meet Homeland Security directives.

The exercise was setup by the 21st CST and coordinated with the other organizations to simulate a possible weapons-of-mass-destruction/chemical-warfare scenario.

The fire department responded to a "report" of personnel coming down ill and exhibiting symptoms similar to those caused by a nerve agent. Upon the fire department's arrival at the scene, it was discovered that the subjects had left the area seeking medical attention at an off-base medical facility.

Upon searching the facility, a simulated victim was found deceased and was displaying symptoms and signs of a blistering agent. The fire department quickly departed the area and the facility was cordoned off. The fire chief contacted the 21st CST, which responded along with McGuire's Office of Emergency Management and the Coast Guard's Atlantic Strike Team.

Donning their protective gear, members of the CST deployed and conducted a sweep of the exterior of the facility to ascertain the presence of chemical or biological agents.



Upon clearing the area, decontamination sites were set up and joint entry teams comprised of members representing the Army, Air force and Coast Guard entered the facility to search and clear it of other victims and locate and isolate any contaminants or agents found inside.

Steve Robertson, McGuire OEM, served as the on-site commander with a team assembled from members of the other organizations. Information was fed to Robertson and his team by the entry teams as they searched and cleared each room. The two teams split up and were able to locate and isolate other victims and suspected chemical labs.

Upon completion of their searches, the two teams exited the building and proceeded through the decontamination lines where they were cleaned and declared safe from all agents.

"The goal here was to test our interoperability to meet Homeland Security directives. With the array of equipment and personnel we have here today, the key is clear communication," said Robertson.

With the objectives of the exercise met, the teams proved that they were ready to meet the requirements placed upon them by the Office of Homeland Security and the citizens of the United States.

DRESSED FOR SUCCESS -- Members of an entry team, left, go through the decontamination line after searching the seventh floor of Walson for signs of biological/chemical warfare during a joint Weapons-of-Mass-Destruction/Chemical-Warfare exercise Dec. 11. Members of the 21st Civil Support Team, McGuire Office of Emergency Management, Coast Guard Atlantic Strike Team, and Fort Dix Fire Department participated in the joint venture to test interoperability of the different organizations during an emergency scenario. Members of the 21st Civil Support Team, below, move to perform an initial survey of the affected area during the Homeland Security exercise.

photos by Wayne Cook



Artillerymen join ranks of Order of St. Barbara

Ryan Morton
Public Affairs Staff

Soldiers training here recently took time out from their busy schedules Dec. 7 to pay homage to and celebrate the legend of St. Barbara. It is an annual dinner and awards ceremony unique to personnel who work in the field artillery.

The military dinner, or "The Feast of St. Barbara," is a formal Dining-In that honors exemplary service in the field artillery. The order is a military society honoring U.S. Marine and Army field artillerymen as its members, along with other military and civilian supporters who are eligible for membership.

On this night, the Honorable Order of St. Barbara awarded and welcomed 18 new members. Membership to this prestigious organization recognizes the individuals for their outstanding professionalism, dedication, selfless service, and sacrifice symbolized in the Honorable Order of St. Barbara.

The evening started with some opening remarks, the posting of the colors, and the invocation. After these events, several toasts were made. Among the toasts were to the United States, the president, the Army, St. Barbara, and fallen comrades, among others. After some opening remarks, the Soldiers had a ceremonial dinner of chicken and steak.

When dinner concluded, the "Grog Bowl" took place. The Grog is a ceremonial punch the Soldiers drink to gain strength and is used to test the worthiness of the inductees into the Order of St. Barbara, according to the legend. Inside the punch was an assortment of liquids from juice drinks, to Red Bull, and a sock, among other things. They were mixed together into the punch bowl for the Soldiers to drink, with the most novice or rookie Soldier taking first dibs. After this Soldier tested it out and passed the mortality test, it was passed to the guest speaker or Master of Ceremonies of the occasion. In this case it happened to be Col. Michael Miklos, the 5th Brigade commander.

Next was the awards presentation and induction of the 18 warriors into the Honorable Order of Saint Barbara. The recipients made it through the difficult and rigorous selection process and have made significant



photos by Ryan Morton

BOTTOMS UP -- After receiving their medals and induction into the Order of St. Barbara Dec. 7, Col. Joseph Conn, Lt. Col. Joseph Smith, Lt. Col. David Hosler, Lt. Col. William Bryant, and Capt. Michael Tokar, from left, drink the Grog Bowl. Other recipients of the order were Command Sgt. Maj. Louis Tinsley, retired Command

Sgt. Maj. Stan Grabowski, Sgt. 1st Class John Packer, Sgt. 1st Class Calvin Martin, Staff Sgt. George Byrd, Capt. Franklin Jones, Capt. Travis Carpenter, Sgt. 1st Class Bryan Jacobs, Sgt. 1st Class Willie Selph, Staff Sgt. Shawn Spurlock, Staff Sgt. James Wells, Sgt. 1st Class Marty Cottrell, and Sgt. 1st Class Thomas Spier.



DEADLY CONCOCTION -- One of the highlights during the Order of St. Barbara induction ceremony Dec. 4 was the infamous Grog Bowl, which consisted of a mixture of juice, Red Bull, a sock, and other assorted ingredients.

cant contributions to the field artillery.

The evening was capped off with a speech given by Miklos. He talked about what these Soldiers do, the significance and importance of their work, and reminded them of those who served before them and what

lies ahead. "You have the opportunity to make a difference. So pick up your rucksack and look forward. Remember the wars and the veterans. As you leave here tonight, remember where we've been. Freedom comes with a price and it starts with us," he said.

AAFES, Marvel unveil exclusive new comic book

WASHINGTON, Dec. 6, 2006 - Just in time for the holiday season, Marvel Comics' "The New Avengers" and the Army and Air Force Exchange Service have teamed up to bring troops stationed around the world another free, military-exclusive comic book.

Marvel Comics, a division of Marvel Enterprises, Inc., is a member of America Supports You, a Defense Department program highlighting ways Americans and the corporate sector support the nation's servicemembers. "The New Avengers: Letters Home" is scheduled to arrive in U.S. exchanges around Dec. 20 and overseas, including the 53 BX/PX facilities throughout operations Enduring Freedom and Iraqi Freedom, shortly thereafter. It's the fourth installment of the military-only comic book series.

"Due to their limited availability, collectors have histor-

ically shown great interest in these special AAFES/Marvel Comics editions," Army Col. Max Baker, AAFES chief of staff, said. "If the past is any indicator, 'The New Avengers: Letters Home' issue should go quickly."

Available exclusively at AAFES stores, the newest issue once again features Marvel's superhero Captain America, who, because his regular supporting cast is away for the holidays, is joined by Silver Surfer, Ghost Rider and special guest, The Punisher. When Hydra takes over a military communications satellite, the superheroes spring into action to ensure troops' e-mail messages to loved ones make their way home.

Because of the highly collectible nature and the anticipated demand for the 36-page comic, AAFES officials advise that "The New Avengers: Letters Home" is available on a first-come, first-served basis.

Soul Line
Dance Lessons
Sundays from
3 - 5 p.m.
at Club Dix
\$7 per person
Call (609)383-9576
for more info



Pirates commandeer post Holiday Party



Pirates partied, buccaneers cheered and swash-bucklers swished during the Annual Installation Holiday Party at the Griffith Field House Dec. 8. In keeping with this year's theme, Staff Sgt. Lakeeya Rodriguez, legal section, left, came decked out as Davy Jones from the Disney movie "Pirates of the Caribbean: Dead Man's Chest." Pirate Hopefuls Steve Melly, director of Public Safety, and finance specialists Adrian Grell, Sgt. 1st Class Barbara Robinson, Barbara Bromkey, Arnold Dean and Kristy Brennan, from left at right, put their hearts into a stirring rendition of Disney favorite "Yo Ho, Yo Ho, A Pirate's Life For Me." Melly also joined Sarah Johnson, director of Morale, Welfare and Recreation, and Henry Melon-Lopez, director of Human Resources - Military, below, for the Commander's Challenge, a relay race not fit for peg-legged pirates or those not stout of heart.



Privateers Bob Lichteneger, deputy to the commander, and Lt. Col. Charles Smith, special project officer for transformation, from left at right, raise spirits during the Installation Holiday Party, while Command Sgt. Maj. Roger Chin, Mobilization Readiness Battalion, Command Sgt. Maj. Anthony Young, command sergeant major for mobilization, and Command Sgt. Maj. Albert Davidson, installation command sergeant major, from left below, stand by their ship, the Sara Lee. The ship's first mate, a pink inflatable monkey named Horatio, was caught sleeping on duty by Davidson.



photos by Ed Mingin



Col. "AAARRRR!" David McNeil, installation commander, far left, and Bob Lichteneger, deputy to the commander, near left, watch as Lt. Col. Roger Cotton, deputy installation commander, attempts to skateboard while weighed down with various nautical objects. Cotton, who came to the Installation Holiday Party as the Man in Black (NOT Zorro!) from "The Princess Bride," may find his balancing abilities put to use if he's ever made to walk the plank.



Col. Larry Biederman, installation chaplain, above, strikes his colors while Master Sgt. Kevin Thompson, Mobilization Readiness Battalion, and Florence Mills, Aquatics, right, prepare to draw swords on a nosy photographer.

Road Show
McGuire AFB Commissary
Dec. 24th 0900-1600 Dec. 25th Closed

Jumbo Shrimp \$6.99	Apple Pine Fruit Cheesecake \$5.99
Labster \$5.99	Cooked Cocktail Shrimp \$5.99
Salmon Fillet \$2.99	King Crab Legs \$7.99
Medium Shrimp \$3.99	Lump Crab Meat \$8.99
Tom Fillets \$2.99	Filet Mignon \$9.99

COMMISSARY HOLIDAY HOURS
DEC. 15-23 0900-2100

Dec. 24th 0900-1600 Dec. 25th Closed

New Olive Bar Located in Produce

Santa at the Commissary
Dec. 15th 11:00 - 17:00
Gifts & Prizes Big Fun



Top civilians honored

(continued from page 1)
service. She coordinates programs and services based on customer needs and availability; operating the center with extended hours, flexible hours; including evening and weekends when needed to ensure services are provided for Soldiers and families.

Cole was selected by the Department of the Army to service on a "tiger team" in support of the 172nd Striker Brigade families stationed at Ft Wainwright, AK, whose soldiers were extended in theater for 4 additional months. Because her leadership skills and expertise are recognized Army-wide.

Civilian of the Year Don Rhodes has only been at Fort Dix 18 months, but his contributions belie his short tenure. Richard Eckstein, director of Information Management, said Rhodes was instrumental in setting up a money-saving network on Fort Dix.

During the previous year Rhodes implemented one of the largest projects on post. He brought online a joint wireless solution for Government and MWR traffic. This saved the installation from having two networks and then he obtained Army approval to operate them both. This is a first for Army Installations in CONUS.

Rhodes acquired most of his information technology training while on active duty with the New Jersey Air National Guard. He joined the home of the Ultimate Weapon a year-and-a-half ago.



photos by Ed Mingin

BEST OF THE BEST -- Col. R. David McNeil, installation commander, presents plaques to Supervisor of the Year Joan Cole, Directorate of Morale, Welfare and Recreation, above left, and Employee of the Year Donald Rhodes, Directorate of Information Management, below left, during the Installation Holiday Party at Griffith Field House Dec. 8.



NPR broadcasts live at Dix



Ed Mingin

ON THE AIR -- Col. Douglas Dinon, Fort Dix deputy commander for mobilization, responds to a call-in question about in-country familiarization for units deploying to Iraq during a broadcast of "Talk of the Nation" on Fort Dix Dec. 12.

(continued from page 1)
- many of them Iraqi-Americans - the post presents soldiers with a realistic variety of scenarios from dealing with civilians to fighting off insurgent attacks.

In response to a question about how quickly training is adapted to reflect the situation

in Iraq, Dinon said changes to training suggested by returning troops and by commanders still in Iraq can be implemented in as little as 72 hours. "When I served during Vietnam, it took the Army several years," Davidson added. Davidson is a former assistant to the chairman of the Joint Chiefs of Staff for Nation-

al Guard matters.

During the second hour of the program, host Siegel took comments from Sens. Hillary Rodham Clinton, D-N.Y., and Saxby Chambliss, R-Ga., on the future of the Guard and Reserve and on what the nation must do to retain and recruit personnel to fill the vital roll of the reserve forces.

Expanded benefits and the ability to collect retirement checks before age 60 were among the topics drawing positive comments, while reinstatement of the draft drew little support across the board as not cost effective and not needed.

The two-hour program also hosted special guests: Comedian Tom Irwin, a former Army supply specialist who has taken his slightly irreverent view of the military on several trips to Iraq to entertain the troops, and Ernie Bozarth, barber and owner of Ernie's Barbershop in Browns Mills. Bozarth contributed what the producers call the "slice of life" segment of the program, talking about life in a military community and the long history of Fort Dix.



ARTS & CRAFTS

Bldg. 6039
Philadelphia Street
562-5691

Registration & sales store hours:

Tuesday-Thursday
noon-5 p.m. & 6-8:45 p.m.
Friday
11 a.m. - 4:45 p.m.
Saturday
9 a.m. - 4:45 p.m.

PROGRAMS

Digital Photography Contest

Entries for the Army Photography Contest are due at Arts & Crafts on Dec. 17. This year's contest will be judged from photo CDs. Information, contest rules, and entry forms can be found at armymwr.com.

Krafty Birthdays

Arts & Crafts offers Krafty Birthday Parties! Parties include up to 2 hours of party room use, one craft project with instruction and all materials, plus a digitally mastered photo T-shirt for the birthday child! Call or stop by today for details! When making party

reservations, please make sure to stop by in order to choose the craft and make payment.

Kids Craft Classes

Saturdays, 2:30 - 4 p.m.
Dec. 16.....Gingerbread House
\$5 fee plus materials
Pre-registration required

Create A Critter

Discover a menagerie of adorable animals to stuff, dress, and cuddle. From the basic teddy bear to giraffes and lions, we've got them all! Great fun for the whole family.

Framing Qualification Classes

Get qualified to use this great facility and equipment! You'll complete one piece (cost of which is not covered by registration fee) about 8 x 10" which you must supply as you learn to operate the equipment. All materials are available for purchase at the frame shop.

\$10 registration fee
pre-registration required

Contemporary Ceramic and Mosaic Studio

Tues. to Thur., noon to 5 p.m. & 6 - 9 p.m.
Friday, 11 a.m. - 5 p.m.
Saturday, 9 a.m. - 5 p.m.
Looking for a place to walk in, relax and get creative? This is the place for you and your

family to paint functional or decorative items to give as gifts or keep for yourself.

We have many bisque ware items to choose, from plates to piggy banks, lots of project ideas, and a helpful staff to get you started. You do the painting and we'll complete your masterpiece with a food-safe glaze and expert firing.

And now we have new lower prices in the mosaic studio. This ancient craft is simple and relaxing, and you can create one of a kind home décor or gift items.

Pottery Studio

The Pottery Studio offers classes covering both hand building and wheel throwing techniques. Once you've completed the initial class come in anytime during studio hours to use the facility.

Frame Shop

The frame shop offers both do-it-yourself framing and custom framing. The shop is well stocked with a vast array of molding and mat board, plus state of the art equipment and a technical expert with over 20 years of experience in the field to ensure the results are exceptional. Posters and fine art prints are also available for purchase or by special order.

Honoring the Colors

Reveille 6 a.m. (0600 hours)

Stand at attention,
face the flag and
salute at first note.

Military personnel in uniform

Military personnel not in uniform, civilians

Stand at attention,
face the flag and
place right hand over
heart at first note.

Military personnel in formation or in a group

Senior Soldier calls
group to "Attention,"
then "Present, Arms"
at first note. Calls
"Order, Arms" at
conclusion.

Individual military personnel, civilians in a vehicle

Stop vehicle and exit.
Follow steps above.

Group of military personnel in a vehicle

Stop vehicle. Individual
in charge exits and follows
steps above.

Retreat 5 p.m. (1700 hours)

Stand at attention,
face the flag for
Retreat, then
salute at first note
of *To the Colors*.

Stand at attention,
face the flag for
Retreat, then place
right hand over heart
at first note of
To the Colors.

Senior Soldier calls
group to "Attention,"
then "Parade, Rest"
at first note of
Retreat. Calls
group to "Attention"
and "Present, Arms"
at first note of *To the
Colors*, then "Order,
Arms" at conclusion.

Stop vehicle and exit.
Follow steps above.

Stop vehicle. Individual
in charge exits and
follows steps above.

Other bugle calls heard on post are:

Tattoo.....9 p.m. (2100 hours)
Call to Quarters.....9:30 p.m. (2130 hours)
Taps.....10 p.m. (2200 hours)

WWW.DIX.ARMY.MIL

New and improved to better serve

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WDIX
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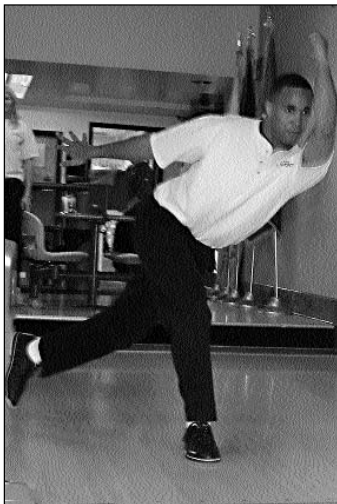


Air Force bowlers win big at Dix



photos by Ed Mingia

HIGH FIVE -- Air Force Staff Sgt. Kristin Odekirk, above, congratulates teammate Maj. Stephanie Gardner, also in bottom right photo, for making the Armed Forces Bowling Team, above photo. The big winner for the week was Capt. Ricky Bannister, below, who finished nearly 300 points ahead of his closest competitor. Master Sgt. Trish Rodgers, top right photo, was the top finishing female. Eight bowlers will represent the Armed Forces team in Reno, Nev., Jan. 6-12. The top bowlers from the Reno competition will represent Team USA in international competition.



Ed Mingia
Public Affairs Staff

The best bowlers the military had to offer met at Fort Dix for the Armed Forces Bowling Championship, held Dec. 4-8, the top eight bowlers - four male and four female - will travel to Reno, Nev., Jan. 6-12, where they will compete to represent Team USA in international competition.

The Air Force was the big winner, grabbing the top spot in both the male and female competition.

"I've made the cut for Team USA before, but lost in match play," said overall winner Air Force Capt. Ricky Bannister, Fort Meade. "That was in 2004. I won the Inter-service Championship in 2002, 2003, 2004 and 2006."

Bannister was confident of his chances coming into the competition, but he knew nothing was guaranteed as he faced the top military bowlers.

"It was a tough week," he said. "I was leading all week. When you're in the lead, everyone is gunning for you, so it's tough. The last day of the tournament, I was 300 points ahead. I was pretty confident then."

Heading into the Reno tournament, Bannister is still confident, but says he has a few things to tweak.

"I feel pretty good. I know what it takes. I'm throwing the ball well. There are a couple of things I need to work on, but I'll go home and get them worked out," he said.

Air Force Master Sgt. Trish Rodgers, Wright-Patterson Air Force Base, was not quite as confident as Bannister heading into the competition at Fort Dix, but thought she'd have a chance to go to Reno.

"I figured I'd make the cut, but I haven't bowled regularly in the last three years," said Rodgers. "I pretty much picked up where I left off for the most part. I had to practice the spares a bit; that was the hardest part."

Rodgers has never gone to the Reno tournament before, but is looking forward to the challenge.

"I don't know what to expect. I've never been there. I'm sure the competition will be more than I'm used to," she said.

The competition at Dix was hard for the bowlers, and for the coaches who made the trip.

"I probably have as many knots in my stomach as them, maybe more, because I can't do a thing about it," said Army bowling coach Dean Ryan.

Ryan, a retired sergeant major, is in his fourth year as the Army bowling coach. Making the trip from Fort Meade, Md., where he is the manager of the bowling center, Ryan said his team did not have much time to prepare for the Armed Forces Championship.

"We were behind the curve a bit. We didn't have a training camp. We got caught up, but it took a couple of days," he said.

The biggest challenge for Ryan and the other coaches was to keep their bowlers in a good frame of mind.

"We try to keep their heads in the game. I'll watch their form and give them tips, take care of equipment, but mostly I try to keep their heads in the game," he said. "One of my guys started losing it a bit. I told him, 'Forget that last ball and get your head back in it.'"

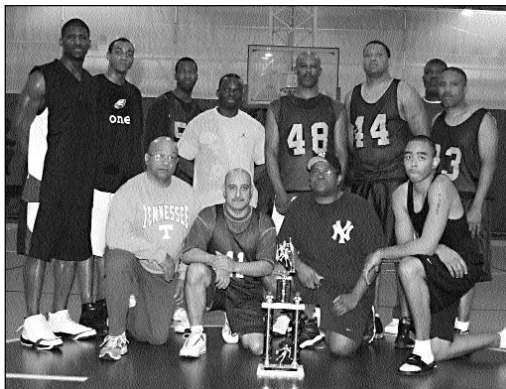
Ryan's advice worked for his bowlers, as one half of the men's team is Army Bowlers. Lt. Vince Gothard, Fort Bliss, Texas, and 1st Sgt. William Anthony, Ansbach, Germany, will join Bannister and Air Force Capt. Brian Snyder to comprise the men's Armed Forces Team.

For the female team, Rodgers will be accompanied by Navy Chief Petty Officer Bessie Lowry, Mid Atlantic Maintenance Center, Navy Lt. Commander Anita Hawkins, Defense Intelligence Agency, and Air Force Maj. Stephanie Gardner, Spangdahlem Air Force Base, Germany.



Wildcats victors in holiday tournament

The Wildcats and Ball-Up were to meet last week, but the Ball-Up had to forfeit because they didn't have enough players. After regrouping, Ball-Up fought their way back in the lower round, to go on to the championship game against the Wildcats. This game lived up to its expectations, as the two teams battled from the start. For most of the game, only a few points separated the two teams. It wasn't until the final minutes of the game that the Wildcats held a clear advantage. The final score was a 53-41 Wildcat victory for the Preseason Tournament.



Sports Shorts

Griffith Field House
Saturday & Sunday
9 a.m. to 5 p.m.
Monday - Friday
6 a.m. to 9 p.m.

Doughboy Gym
Newport Ave.
The Doughboy Gym will be closed until further notice.

Aquatics
Winter hours are now in place for the indoor pool.

Lap Swim
Mon. - Fri.
Retirees/adult dependents/
working DOD
6 a.m. - 8 a.m.
10 a.m. - 11:30 a.m.
Active duty/working DOD
11:30 a.m. - 1 p.m.
Sat.
Retirees/adult dependents/
working DOD
10:30 a.m. - noon

Rec. Swim
Mon. - Fri.
1 p.m. - 5 p.m.
Sat.
Noon - 6 p.m.

Fees for Rec. Swim: Military-\$2 Non-military-\$4
Hydro Aerobics
Mon. and Wed.
7:30 p.m. - 8:30 p.m.
Sat.
10:30 a.m.
Cost: \$3 per visit.

Holiday Hours

Griffith Field House
Dec. 24
9 a.m. - 4 p.m.
Dec. 25 - closed
Dec. 26 - 30
9 a.m. - 5 p.m.
Dec. 31
9 a.m. - 4 p.m.
Jan. 1
9 a.m. - 5 p.m.

Bowling Center
Dec. 23
noon - 9 p.m.
Dec. 24 - 25
closed
Dec. 26 - 29
5 p.m. - 10 p.m.
Dec. 30
noon - 9 p.m.
Dec. 31
Open for New Year's Eve party. Must have ticket.

Fountain Green Golf Course
Dec. 25 & Jan. 1
closed

Aquatics
Dec. 23 - 25
closed
Dec. 30 - Jan. 1
closed
Outdoor Rec.
Dec. 24 - 25
closed
Dec. 31 - Jan. 1
closed

New Year's Eve Bowling Party!!

\$32 per Person!

\$25 for children under 12!

Includes all of the Following:

- *Unlimited Bowling 2100-0100
- *Free Shoe Rental
- *Party Favors, Hats, Horns
- *Food Buffet: Roast Beef & Gravy, Chicken Quarters, Baked Ziti, Mashed Potatoes, Stuffing, Sparkling Cider plus other items!!